Science and Technology Day at Ulong
Small schools within the Orara Valley, including Lowanna, are sending one team of 4 students each to Ulong PS on Wednesday 17th June to participate in a day of 3D designing and printing as well as a series of experiments exploring the nature of surface tension in liquids. Separate notes for our school’s four representatives were sent out on Monday.

Athletics Carnival at Ulong
On Thursday 18th June we will be travelling to Ulong to join Ulong and Upper Orara children in a combined Athletics Carnival. This event is designed as a ‘practise run’ for the Orara Valley Athletics Carnival, with an emphasis placed on fun and participation. A separate note for this was sent out on Monday. Thank you to everyone who has returned their permission notes. Lunch orders were faxed off to Ulong last Friday, so if you didn’t send a lunch order in, remember to bring your lunch with you.

Canteen
Our new canteen menu and organisation is now up and running. Parents are reminded that all lunch orders are to be written on either a paper bag or an envelope, with money for the order enclosed and children place their orders in the basket before morning assembly. If children arrive at school with their lunch order money, but no order written on a bag or an envelope, then they can place their lunch order at the canteen at recess. This applies only to lunch orders. Any recess orders will have to be written onto a paper bag or an envelope and placed in the basket before school.

Education Week
Education Week is in Week 3 of Term 3 from the 27th-31st July. This year we will be having an Open Day at school where all parents, grandparents and caregivers are invited to our school for part of the day. Details with dates and times will be sent home early next term, and everyone is welcome to attend.

Giving Praise
One of the best parts of parenting is admiring your child’s accomplishments. Is it possible to give too much praise? Experts say yes.

Too much praise can cause the same problem as too little praise: Your child may feel unmotivated and incapable! When asked to try something new, for example, an over-praised child may think, “Dad makes a big deal about everything I do. What if I fail? I’d rather not try.”

Instead of focusing on how many compliments you give, make every compliment count. You can make sure your praise is meaningful by:
Meaning what you say. When your child hears nonstop praise, they are probably going to tune it out. Save your compliments for meaningful times when they are likely to sink in.

Including details. “You studied every day for your math test and earned an A!” is better than, “Great job!” Highlight behaviours you want your child to repeat.

Being honest. Rather than saying, “You’re the best piano player ever!” try, “You kept working until you got that song right!” You want your child to be able to trust what you say.

Encouraging novelty. Support your child’s effort to try new things, such as ice skating or knitting. Emphasise that making mistakes is a part of learning.

Emphasising effort. Put special focus on activities your child works hard to complete, even if they are not a big deal to others. Perseverance is something to acknowledge and reward!


Kind Regards,
Alison Hawken

Teacher replacement
Mrs Benfield will be leaving on maternity leave at the end of the term. Miss Pellegrino will be teaching K-2, and we welcome Mrs Toni Carter to our school, who will be teaching Miss Pellegrino’s class. I’m sure Mrs Carter will fit in well at Lowanna.

Lowanna P&C News
Our next P&C meeting will be in the second week of term 3.

What’s coming up at school?
No Canteen next Friday the 26th of June as we are having a farewell lunch for Mrs Benfield, it will also be a mufti day. Please bring a gold coin donation.

School Fete will be held on the 7th of November. We will need volunteers and some creative ideas for this event.